

Dry Drowning. Common sense must prevail!

“DRY DROWNING”

We have recently been bombarded by the words “Dry Drowning” This is creating enormous anxiety and has to be put into perspective in order to SAVE lives! The stark truth is that this is an almost unheard of happening, whilst infant /toddler drowning is almost epidemic, certainly in this part of the country.

Yes, choose your program very carefully. Find out their policy on gentle submergence. No reputable swim school would allow your child to be under the water for more than a second or two, and then in a very controlled situation. A good school will first teach breath holding in order to stop the inhalation of water. But please, please do NOT think of putting your child into extreme danger by not teaching them survival skills. Drowning is the largest cause of death among children under 4 years of age, and this must be the foremost reason to teach your little ones to swim. We would never consider not allowing them to walk on the minute chance that they would lose their lives by walking into danger. We have to face realities and know that drowning is a far far bigger danger than Dry Drowning, and act responsibly. Not learning to swim can never be the right option under any circumstances!

Rita Goldberg
British Swim School
www.britishswimschool.com